

Patriot Masters Sprint Classic

George Mason University Aquatic & Fitness Center, Fairfax, VA

Sunday October 24, 2010

Warm-Ups: 9:00AM

Meet Start: 10:00AM

Schedule of events

Estimated Start Time

100 Free	10:00 AM
50 Back	10:30 AM
100 Fly	10:45 AM
50 Breast	10:55 AM
200 Free	11:05 AM
100 IM	11:30 AM

**** 5 Minute BREAK ****

200 IM	12:05 PM
50 Fly	12:20 PM
100 Breast	12:35 PM
50 Free	12:50 PM
100 Back	1:10 PM

**** 5 Minute BREAK ****

THE BATTLE OF THE TRUE DROP DEAD SPRINTERS!

25 Back	1:30 PM
25 Breast	1:40 PM
25 Fly	1:55 PM
25 Free	2:10 PM