

Patriot Masters Sprint Classic

George Mason University Aquatic & Fitness Center, Fairfax, VA

Sunday October 30, 2011

Warm-Ups: 8:30AM

Meet Start: 10:00AM

Schedule of events

Estimated Start Time

100 Free	10:00 AM
50 Back	10:25 AM
100 IM	10:40 AM
100 Breast	11:05 AM
200 Free	11:15 AM
50 Fly	11:40 AM

**** 5 Minute BREAK ****

100 Back	11:55 AM
50 Breast	12:10 PM
200 IM	12:20 PM
100 Fly	12:35 PM
50 Free	12:45 PM

**** 5 Minute BREAK ****

THE BATTLE OF THE TRUE DROP DEAD SPRINTERS!

25 Back	1:10 PM
25 Breast	1:20 PM
25 Fly	1:30 PM
25 Free	1:40 PM