

GMU Patriot Masters Long Course Classic

At the George Mason University Aquatics & Fitness Center
Fairfax, Virginia U.S.A.

Sunday, June 22, 2003
Warm-Ups: 8:30AM Meet Start: 9:30AM

Welcome to the second annual Patriot Masters Long Course Classic. Our first-class swimming facility has an 8-lane 50-meter pool with non-turbulent lane lines; overflow gutters and a color Scoreboard. The 9-foot wide, all deep-water lanes should allow for some very fast swimming! The pool will be configured in a 50-meter course. One lane will be available for continuous warm-up throughout the meet.

- ENTRIES:** *Must be received by Thursday, June 19, 2003.* Competitors may enter up to 5 individual events plus the relay. The meet is open to all Masters Swimmers holding a valid 2003 USMS registration card. A copy of this card must accompany your entry! Eligibility of a swimmer for a particular age group shall be determined by their age as of December 31, 2003. (2003 USMS rules and regulations will apply).
- FEE:** For a \$25 flat fee, you may swim up to 5 events and the relay.
- SEEDING:** Events will be seeded slowest to fastest, men and women combined. "No Time" entries will be seeded in the first heat.
- RELAYS:** Relay Deck Entries will be accepted prior to 9 am.
- HOSPITALITY:** Bagels, fruit and drinks will be available free for all competitors during the meet.
- RESULTS:** Available on-line at www.patriotmasters.org or available by mail upon request. Results will be submitted for top-ten recognition.
- RECORDS:** If a national or world record is possible, please notify meet officials so that sufficient back-up timers can be provided.
- DIRECTIONS:** To George Mason University Aquatic and Fitness Center (park in Lot C):
From the West: Take I66 east to Route 123 (exit 60), south on Route 123 for 2.7 miles to Braddock Rd, left on Braddock, left on Sideburn.
From the South: Take I95 north to exit 160, north on Route 123 for 14.5 miles to Braddock Rd, right on Braddock, left on Sideburn.
From the North: Take I95 south to the Capitol Beltway (495), 495 west to Braddock Rd (exit 54), Braddock Rd west 5 miles to Sideburn, right on Sideburn.
- HOTELS:** Fairview Park Marriott (703) 849-9400
Comfort Inn University Center (703) 591-5900
Holiday Inn Fair Oaks (703) 352-2525
Best Western (703) 591-5500
Hyatt Fair Lakes (703) 818-1234
- QUESTIONS:** Meet Directors: Peter Ward (703) 993-3930 e-mail pward2@gmu.edu and
Drew Moll (703) 352-9265 e-mail: acmoll@acm.org

Meet Entry Form

PATRIOT MASTERS LONG COURSE CLASSIC
Sunday June 22, 2003
George Mason University Aquatic & Fitness Center, Fairfax, VA
WARMUPS: 8:30AM MEET START: 9:30AM
Sanctioned by PV LMSC for USMS, INC. # 103-006

DEADLINE: Thursday, June 19, 2003
MAIL TO: Cheryl Ward, Entries Chair
 4207 University Dr.
 Fairfax, VA 22030
 (703) 359-5366

You MUST ENCLOSE a copy of your USMS Card. If any parts of the copy are unreadable, please fill out the left side of the box below. Also, please fill out the right side in case there is a problem with your entry.

Place Copy of USMS Card Here (Trimmed and Stapled)			Please supply the following information also:
USMS Number	Team	Daytime Phone Number:	
Name (as it appears on USMS Card):			Evening Phone Number:
Birth Date:	Age:	Sex:	E-mail:

RELEASE OF LIABILITY BY PARTICIPANT:

I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters Swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS. (Rule Book Article 203.1)

SIGNATURE _____ **DATE** _____

CIRCLE EVENTS YOU WISH TO SWIM (UP TO 5) AND INDICATE SEED TIMES IN METERS:

- 1) 400 Free Relay (deck entered)
- 2) 100 Fly _____
- 3) 200 Breast _____
- 4) 200 Back _____
- 5) 100 Free _____
- BREAK
- 6) 200 Fly _____
- 7) 100 Back _____
- 8) 200 IM _____
- 9) 100 Breast _____
- 10) 200 Free _____
- BREAK
- 11) 50 Fly _____
- 12) 50 Breast _____
- 13) 50 Back _____
- 14) 50 Free _____

FEE: \$25.00 *MAKE CHECK PAYABLE TO: PATRIOT MASTERS*