

# Colonies Zone Short Course Yards Championship

## RELAY FORM

Turn in relay forms before 8:15 am each day or mail ahead

### Circle Relay Name:

#### Saturday's Relays

Event 7 Women's 800 Free Relay  
Event 8 Men's 800 Free Relay  
Event 9 Women's 400 Medley Relay  
Event 10 Men's 400 Medley Relay  
Event 11 Mixed 200 Free Relay  
Event 29 Mixed 400 Free Relay  
Event 31 Women's 200 Medley Relay  
Event 32 Men's 200 Medley Relay

#### Sunday's Relays

Event 35 Women's 400 Free Relay  
Event 36 Men's 400 Free Relay  
Event 37 Mixed 200 Medley Relay  
Event 51 Mixed 400 Medley Relay  
Event 53 Women's 200 Free Relay  
Event 54 Men's 200 Free Relay  
Event 55 Mixed 800 Free Relay

Relay designator ("A", "B", "C" or "D"): \_\_\_\_\_

Club Abbreviation: \_\_\_\_\_

Entry Time: \_\_\_\_\_

Age group (19+, 25+, 35+, 45+, 55+, 65+, 75+): \_\_\_\_\_  
(age group of youngest relay swimmer)

Swimmers (in correct order):

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

Enclose \$10 per relay team

Check payable to: George Mason University

Mail to: Cheryl Ward, entries  
4207 University Dr.  
Fairfax, VA 22030