

Colonies Zone Short Course Yards Championship

April 5 - 7, 2019

Hosted by Patriot Masters & George Mason University Swimming & Diving

Fairfax, Virginia

Sanctioned by Potomac Valley LMSC for USMS, INC. #

Estimated Event Start Times

Friday April 5, 2019

Shallow end

3 4:00 pm

Deep end

1000 Free Mixed 4:00 pm 1
1650 Free Mixed

Saturday April 6, 2019

Women – Shallow end

5 10:00 am
7 10:25 am
9 10:40 am
11 10:50 am
13 11:15 am
15 11:25 am
17 11:45 am
19 12:30 pm
21 12:45 pm
23 1:05 pm
25 1:20 pm
27 1:35 pm
29 1:50 pm

100 Free
200 Back
400 Mixed Free Relay
200 Mixed Medley Relay
50 Fly
200 IM
500 Free
100 Breast
200 Fly
50 Back
800 Free Relay
400 Medley Relay
200 Free Relay

Men – Deep end

10:00 am 6
10:40 am 8
(swum in shallow end)
(swum in shallow end)
11:15 am 14
11:30 am 16
11:50 am 18
1:00 pm 20
1:20 pm 22
1:45 pm 24
2:00 pm 26
2:10 pm 28
2:25 pm 30

Sunday April 7, 2019

Women – Deep end

31 10:00 am
33 10:25 am
(swum in shallow end)
(swum in shallow end)
(swum in shallow end)
41 11:45 am
43 11:55 am
45 12:10 pm
47 12:35 pm
49 12:45 pm
51 1:10 pm
53 1:20 pm
55 1:35 pm

200 Free
100 IM
800 Mixed Free Relay
400 Mixed Medley Relay
200 Mixed Free Relay
50 Breast
100 Fly
400 IM
50 Free
200 Breast
100 Back
400 Free Relay
200 Medley Relay

Men – Shallow end

10:00 am 32
10:30 am 34
10:50 am 35
11:15 am 37
11:30 am 39
11:45 am 42
12:00 pm 44
12:15 pm 46
12:40 pm 48
12:55 pm 50
1:15 pm 52
1:30 pm 54
1:45 pm 56